

The Burden of Indispensability

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Text: Matthew 11:28-30

Introduction:

One of the most intense conversations I ever had with God involved my understanding of what He expected from me.

_____ that we accept as

_____ are responsible for most of the

_____ in our lives.

Every one of our beliefs produces a corresponding

A major contributor to _____ and _____

growth is the _____ of _____.

Most of the destructive _____ in our lives took

root during our _____ and _____ years.

When you're struggling spiritually and emotionally it is helpful to carefully explore the beliefs that are at your personal core!

How many of these things do you believe?

1. There's never enough time to do everything I have to get done.
2. If I don't do it, it won't get done.
3. The only thing other people care about is what I can do for them.
4. I'm failing if I can't meet other people's expectations.

How would your life change if you replaced those lies with these truths?

1. Much of what you think has to be done, is relatively unimportant.
2. Other people can, and often will, assume the burdens that you're not capable of carrying.
3. Most people love you for who you are, not what you do.
4. You've never failed when you've failed to meet unrealistic expectations.

Conclusion:

Have you ever considered the question God asked ME?
