



Postcards

FROM

C

THE

Ledge

The Burden of Indispensability

Introduction:

One of the most intense conversations I ever had with God involved my understanding of what He expected from me.

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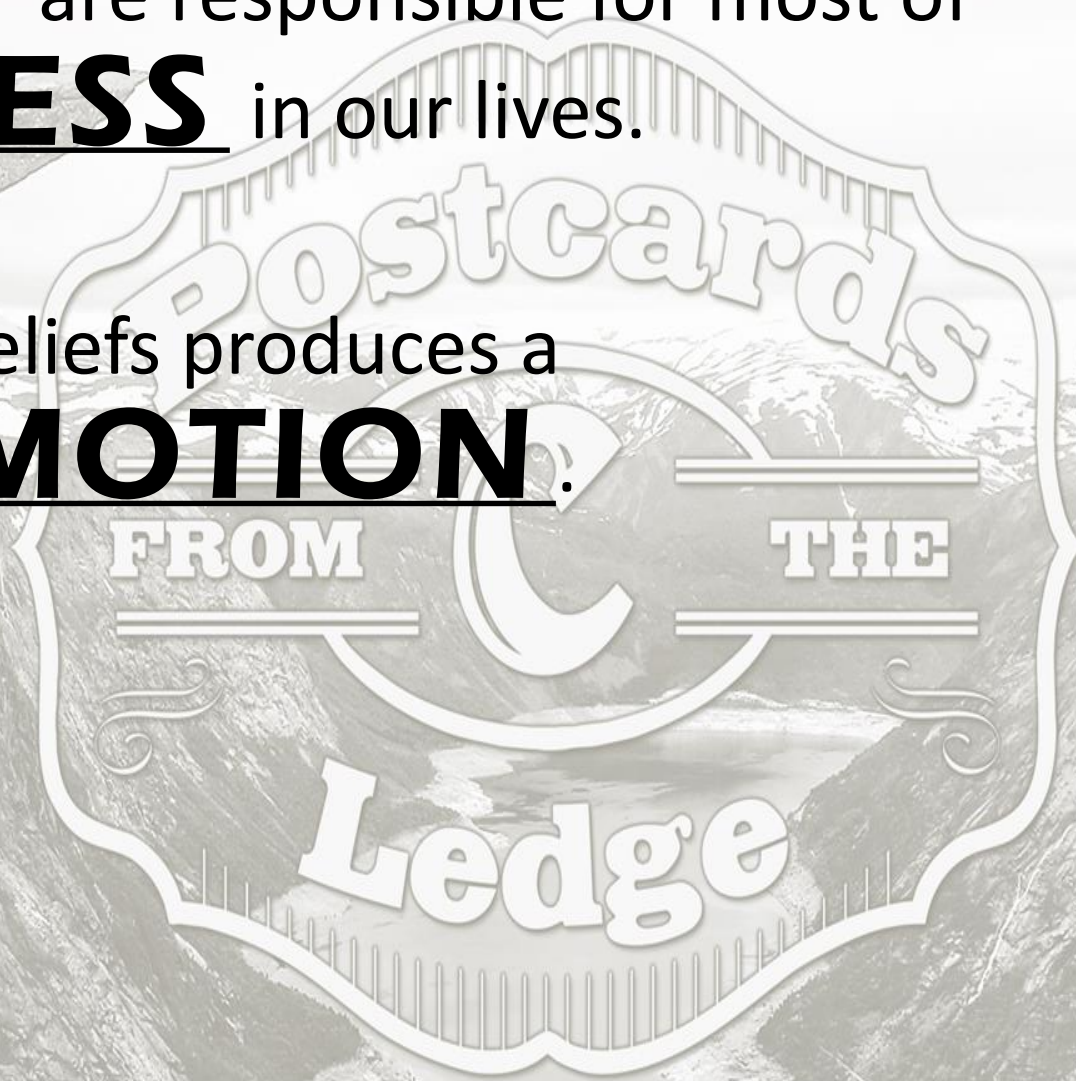
Ledge

Text: Matthew 11:28-30

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”


ILLUSIONS – **LIES** that we accept
as **TRUTH** — are responsible for most of
the **DARKNESS** in our lives.

Every one of our beliefs produces a
corresponding **EMOTION**.



A major contributor to **SPIRITUAL**
and **EMOTIONAL** growth is the
UNMASKING of **ILLUSIONS**.

Most of the destructive **ILLUSIONS** in
our lives took root during our
CHILDHOOD and
ADOLESCENT years.

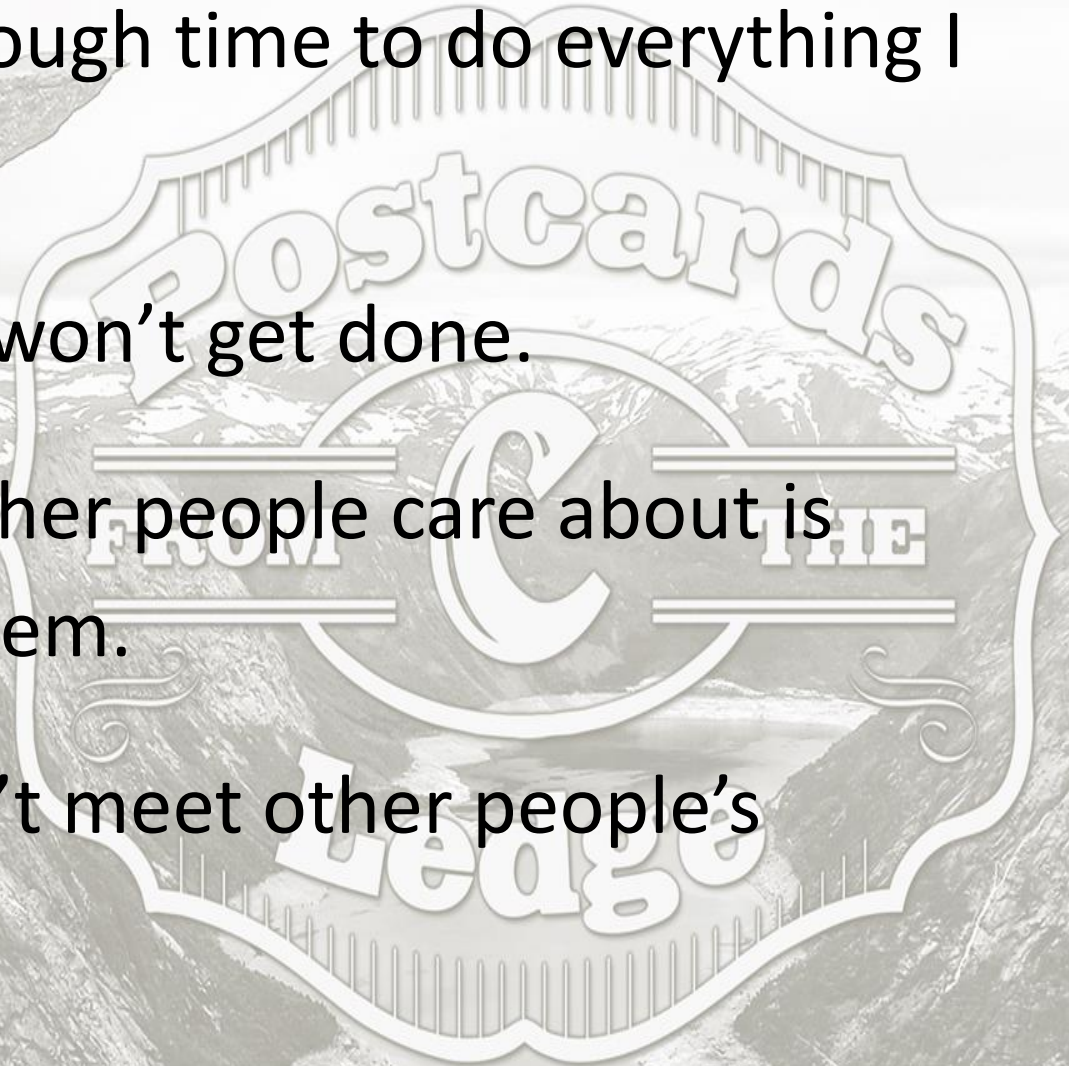
A person is seen falling from the edge of a dark, rocky cliff. The person is in mid-air, with their arms and legs outstretched. The background is a bright, overcast sky.

*When you're struggling spiritually
and emotionally it is helpful to
carefully explore the beliefs that
are at your personal core!*

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How many of these things do you believe?

1. There's never enough time to do everything I have to get done.
2. If I don't do it, it won't get done.
3. The only thing other people care about is what I can do for them.
4. I'm failing if I can't meet other people's expectations.



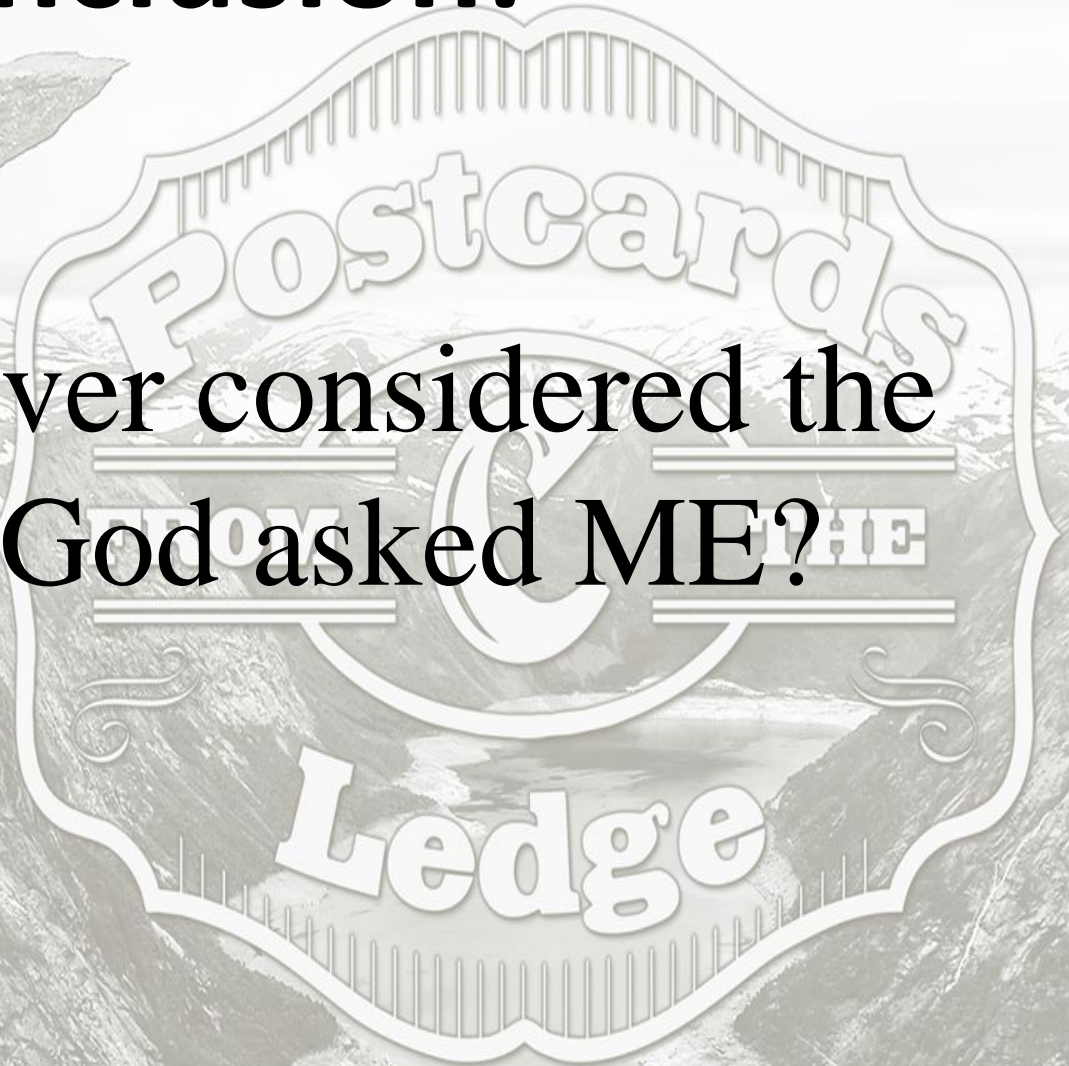
How would your life change if you replaced those lies with these truths?

1. Much of what you think has to be done, is relatively unimportant.
2. Other people can, and often will, assume the burdens that you're not capable of carrying.
3. Most people love you for who you are, not what you do.
4. You've never failed when you've failed to meet unrealistic expectations.



Conclusion:

Have you ever considered the
question God asked ME?





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