

A glowing blue brain is the central focus, set against a dark blue background with white lightning bolts. The brain is rendered with a metallic, reflective texture. The text is overlaid on the brain and background.

Renewed Minds

*and*

TRANSFORMED

LIVES

The Wastefulness of a Worried Mind

# Introduction: Renewed Minds

Jesus clearly told his disciples that worrisome things would come into their lives, but then told them not to worry about them.

Huh?

LIVES

Text: Luke 21:5-19

**Renewed Minds**  
**and**  
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**Some of his disciples were remarking about how the temple was adorned with beautiful stones and with gifts dedicated to God. But Jesus said, "As for what you see here, the time will come when not one stone will be left on another; every one of them will be thrown down."**

**“Teacher,” they asked, “when will these things happen? And what will be the sign that they are about to take place?”**

**and**

**He replied: “Watch out that you are not deceived. For many will come in my name, claiming, ‘I am he,’ and, ‘The time is near.’ Do not follow them.**

**When you hear of wars and uprisings, do not be frightened. These things must happen first, but the end will not come right away.”**

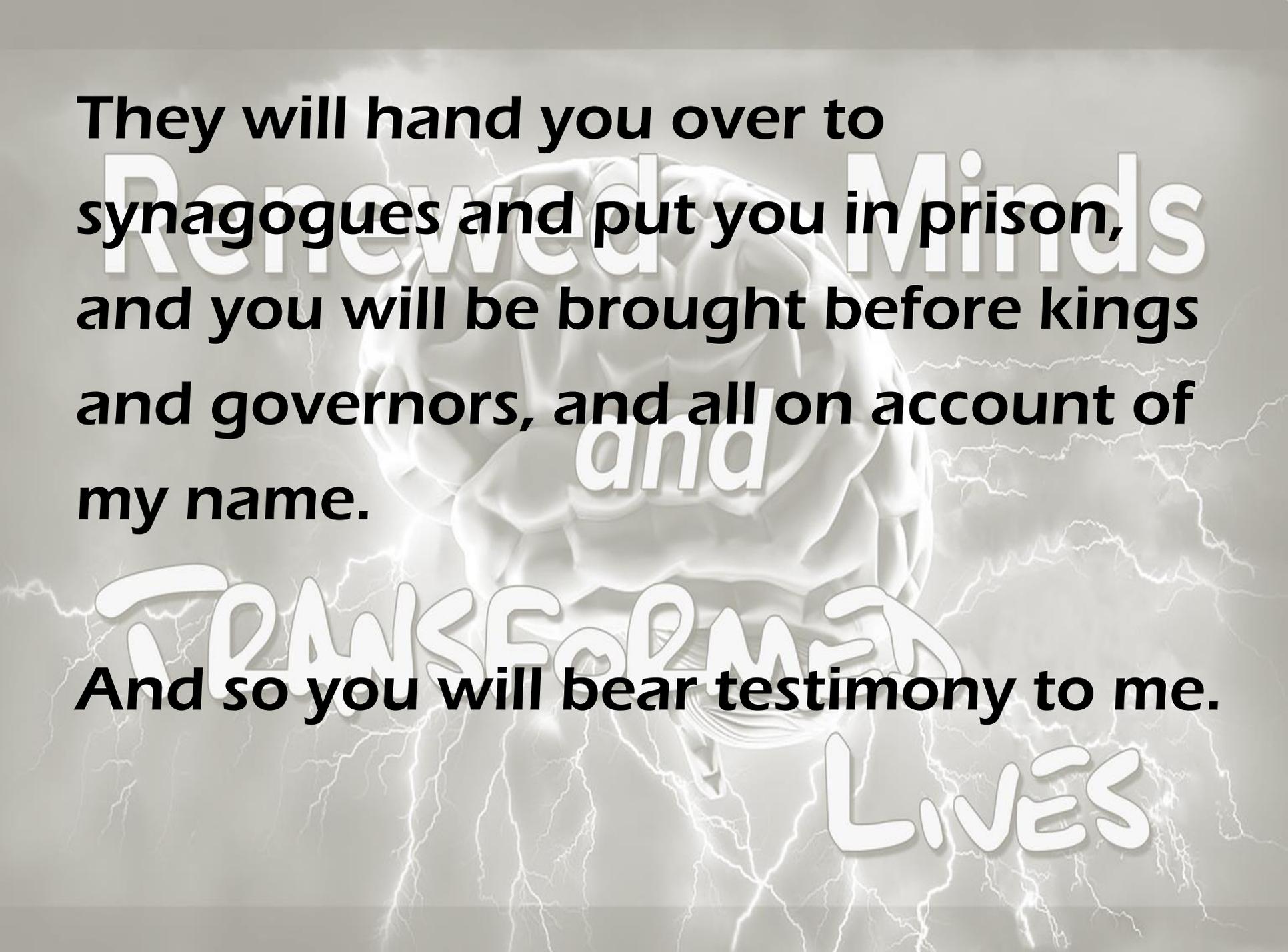
**Then he said to them: “Nation will rise against nation, and kingdom against kingdom.**

**There will be great earthquakes,  
famines and pestilences in various  
places, and fearful events and great  
signs from heaven.**

**“But before all this, they will seize you  
and persecute you.**

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**They will hand you over to  
synagogues and put you in prison,  
and you will be brought before kings  
and governors, and all on account of  
my name.**

**And so you will bear testimony to me.**

**But make up your mind not to worry  
beforehand how you will defend  
yourselves.**

**For I will give you words and wisdom  
that none of your adversaries will be  
able to resist or contradict.**

**LIVES**

**You will be betrayed even by parents,  
brothers and sisters, relatives and  
friends, and they will put some of you  
to death. Everyone will hate you  
because of me.**

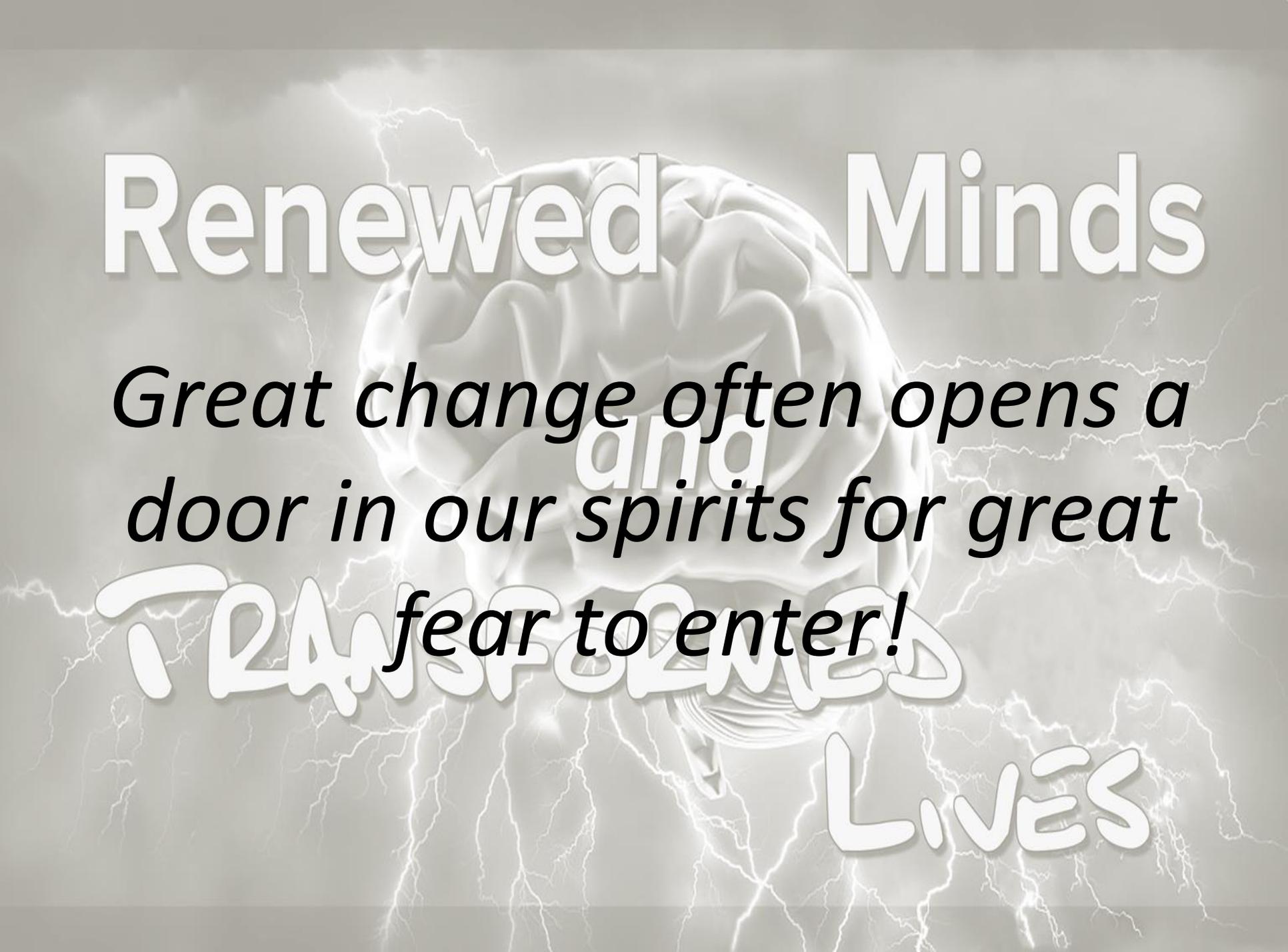
**But not a hair of your head will  
perish. Stand firm, and you will win  
life.**

**LIVES**  
Luke 21:5-19

It is natural for us to assume that the world will **REMAIN** as it presently is, but eventually it will **CHANGE** until we are no longer able to **RECOGNIZE** it (v6).

It is natural for us to want to know what the **FUTURE** holds so that we can **PREPARE** ourselves for it (v7).

# Renewed Minds

A glowing, semi-transparent brain is centered in the image. The background is a dark, stormy sky with several bright white lightning bolts striking downwards. The overall color palette is monochromatic, consisting of various shades of gray and white.

*Great change often opens a  
door in our spirits for great*

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*fear to enter!*

*LIVES*

We should beware of those who promote a spirit of **FEAR** among us and then promise to **DELIVER** us (v8)!

It is never God's **DESIRE** for us to live in a spirit of **FEAR** (v9a).

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LIVES

There is generally a period of **DELAY**  
between the onset of **FEAR** and the  
opportunity to take effective  
**ACTION** (v9b).

*and*

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**LIVES**

# Renewed Minds

*Pumping adrenaline prematurely is both destructive in the present when it is wasted, and leaves us depleted when it would actually be helpful!*

Even in the most severe times of trial and testing  
God asks us not to **WORRY** but to trust  
that He will **SUPPLY** us with **WHAT** we  
need, **WHEN** we need it (v14-15).

*and*

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**LIVES**

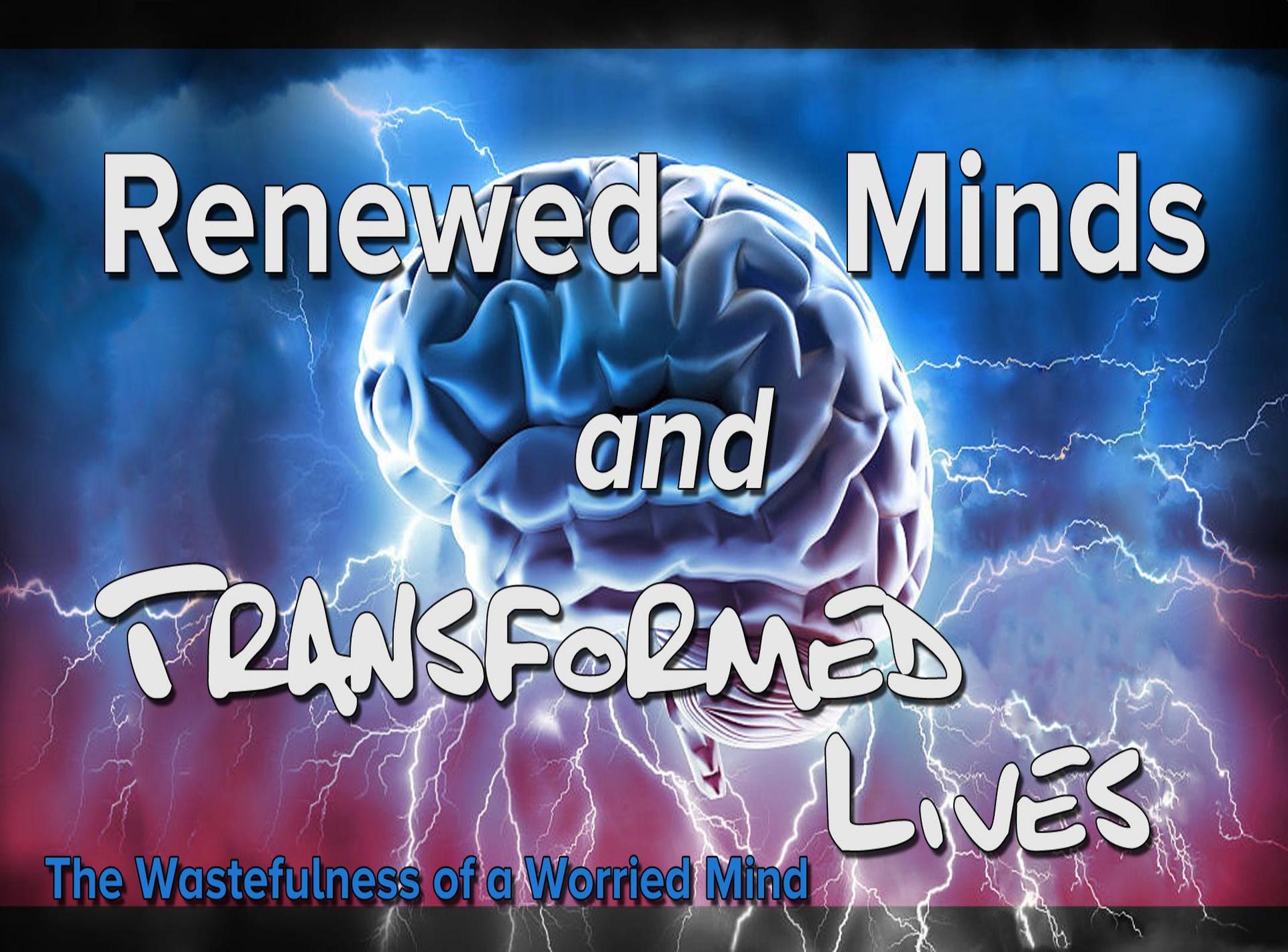
The only **PERSON** in our lives that we can be **CERTAIN** will always stand by us is **GOD** (v16).

God is able to **PROTECT** and **PRESERVE** us, even through **DEATH** itself (v16, 18).

# Conclusion: Renewed Minds

Our minds are so valuable  
that we need to take  
great care that we not  
waste their powers!

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A glowing blue brain is the central focus, set against a dark blue background with bright, jagged lightning bolts. The brain is rendered with a metallic, reflective texture, giving it a futuristic and powerful appearance. The lightning bolts are white and yellow, creating a sense of intense energy and transformation.

Renewed Minds

*and*

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