

## The Wastefulness of a Worried Mind

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Text: Luke 21:5-19

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### Introduction:

Jesus clearly told his disciples that worrisome things would come into their lives, but then told them not to worry about them. Huh?!

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It is natural for us to assume that the world will \_\_\_\_\_  
as it presently is, but eventually it will \_\_\_\_\_  
until we are no longer able to \_\_\_\_\_ it (v6).

It is natural for us to want to know what the \_\_\_\_\_  
holds so that we can \_\_\_\_\_ ourselves for it (v7).

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*Great change often opens a door in our spirits  
for great fear to enter!*

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We should beware of those who promote a spirit of \_\_\_\_\_  
among us and then promise to \_\_\_\_\_ us (v8)!

It is never God's \_\_\_\_\_ for us to live in a spirit of  
\_\_\_\_\_ (v9a).

There is generally a period of \_\_\_\_\_ between the  
onset of \_\_\_\_\_ and the opportunity to take effective  
\_\_\_\_\_ (v9b).

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*Pumping adrenaline prematurely is both destructive in the present when it is wasted, and leaves us depleted when it would actually be helpful!*

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Even in the most severe times of trial and testing God asks us not to \_\_\_\_\_ but to trust that He will \_\_\_\_\_ us with \_\_\_\_\_ we need, \_\_\_\_\_ we need it (v14-15).

The only \_\_\_\_\_ in our lives that we can be \_\_\_\_\_ will always stand by us is \_\_\_\_\_ (v16).

God is able to \_\_\_\_\_ and \_\_\_\_\_ us, even through \_\_\_\_\_ itself (v16, 18).

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**Conclusion:**

Our minds are so valuable that we need to take great care that we not waste their powers!

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