

The POWER of 
constant PRAYER

Introduction:

It may seem as if God has advised us to do the impossible in advising us to pray continually, but when we learn just how this can be done, it can revolutionize our walk with God!

**Rejoice always, pray continually,
give thanks in all circumstances;
for this is God's will for you
in Christ Jesus.**



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Maintaining a continual state of prayerfulness is the key to my ability to remain:

- **JOYFUL.**
- **THANKFUL.**

To pray continually means that God can often be present with me below the level of my consciousness.

- I can **WORRY** continually, can't I?

To pray continually means that God can often be present with me below the level of my consciousness.

- I can **OBSESS** about something, can't I?

• I can have an **ANCHOR** in my thoughts that consistently draws me back after a period of **DRIFT**—what will the **ANCHOR** be?

Since God is always with me, I should:

- Keep myself in a condition that I am constantly **PREPARED** to talk to God.

Since God is always with me, I should:

- **Respond immediately with**

CONSCIOUS prayer

whenever the Holy Spirit

PROMPTS me.

Since God is always with me, I should:

- Pray at **REGULAR** intervals throughout the day, so that thoughts of God are **INTENTIONALLY** being introduced to my mind.

Conclusion:

Prayer is how I interact with the spiritual world. Without it, my mind and heart will be chronically divided!

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